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Alameda County
Supervisor Keith Carson, Fifth District

For Immediate Release
Press Release

August 31, 2009

The California Highway Patrol and Alameda County team up to support seniors



Back row (left to right): Arthur Cossey, Capt. Don Morell, Officer Sam Morgan, and Officer Thomas Wishom
Front row (left to right): Colleen Campbell, Jovine Hankins, Frank Young, and Matt Lifschiz

Stretching, eating healthy, staying calm and driving defensively are just some of the reminders given to participants at the West Oakland Senior Center during the California Highway Patrol's Senior Driver Traffic Safety Seminar on Thursday, August 27th. The seminar, sponsored by Alameda County Supervisor Keith Carson's office and State Farm Insurance, is a peer-facilitated presentation about normal age-related physical changes and how to adjust to become better, safer, and more alert drivers in order to continue enjoying the freedom that driving allows. The California Highway Patrol Senior Volunteer Program and the Alameda County Public Health's Senior Injury Prevention Program presented the seminar.

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